



## INTRODUCTION

# Message From Our Team

We are delighted to share the latest news and highlights from Highwood Care Home. Our home has been filled with activity, creativity, and connection, with residents enjoying a wide range of seasonal celebrations, engaging sessions, and special visits. From festive crafts and music to meaningful reminiscence and plenty of fun, these moments continue to enrich daily life at Highwood.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign Up Link](#)

Best wishes

Highwood Care Home Team

## ACTIVITIES & EVENTS

# Christmas Celebrations

The festive season was well and truly celebrated at Highwood Care Home, with a full programme of Christmas activities, parties, and visitors. The home was filled with warmth, joy, and festive cheer as residents came together to enjoy the season.

Busy hands and active minds were put to great use creating beautiful Christmas wreaths, which were proudly displayed on residents' doors, adding a personal and festive touch throughout the home.



# Special Moments with Lulu

Pet therapy is about so much more than a visit, it's about connection, affection, engagement, communication, and emotional support. Lulu's visits bring immense joy to our residents, and the smiles and laughter she inspires say it all. These special moments continue to have a wonderfully positive impact on everyone involved.



# British Sign Language Classes

Our British Sign Language (BSL) classes have been both fascinating and rewarding. Residents have shown great enthusiasm and have picked up the basics remarkably quickly. It has been lovely to see residents now signing to one another, adding a new and inclusive way of communicating and connecting within the home.



# Flower Arranging Fun

We recently switched things up with a delightful flower arranging session. 🌻 Freya from our local florist joined us to offer expert advice, and residents created some stunning arrangements.

A big thank you to Freya for sharing her time and skills and for making the session extra special.



# A Special Visit

We were thrilled to welcome the incredibly talented Mr Peter Mash to Highwood Care Home. His beautiful singing lifted everyone's spirits and brought smiles throughout the home.

Peter's visit was made even more meaningful by his proud support of Cancer Research, and we are grateful for his dedication to such an important cause. A heartfelt thank you to Peter for sharing his time and talent with us.



# Trip Down Memory Lane

Our Kingsley and Grenville communities came together for a wonderful journey back to the 1940s. Through songs, films, and memories of life during the era, residents enjoyed sharing stories, singing along, and reminiscing together.

A special thank you to Lynda from our Wellbeing Team for leading such a warm and meaningful session. It was a beautiful reminder that the past continues to live on through the memories we share.



# Bingo Fun

We always enjoy a good game of bingo, and recent sessions with Kerry and Lynda from our fantastic Wellbeing Team were no exception. There were plenty of laughs, friendly competition, and a few lucky winners calling out "Bingo!"

A big thank you to Kerry and Lynda for bringing so much energy and enjoyment to the day, our residents had a wonderful time.



## EXTERNAL LINKS

# Social Media

Make sure to check out the Highwood Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

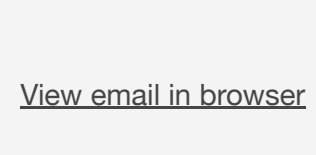
# Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)



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