

A WARM WELCOME TO OUR
SPRING 2025

Quarterly Newsletter



Manager's Introduction

With spring well and truly here, the days are growing longer and warmer, bringing with them the promise of blossoming flowers and brighter skies. In this edition of our newsletter, we look forward to sharing exciting activities, updates, and events that we have been enjoying.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

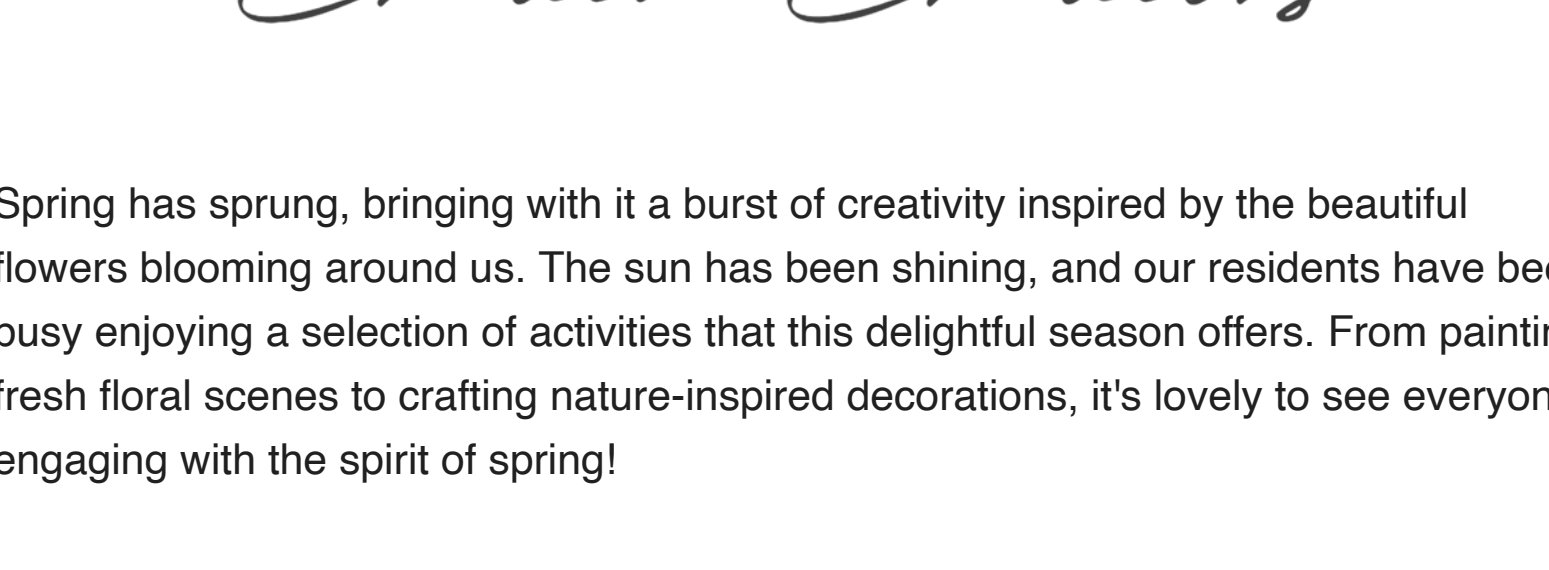
Newsletter Sign-Up

Best wishes,

Stacey Lewis
Home Manager

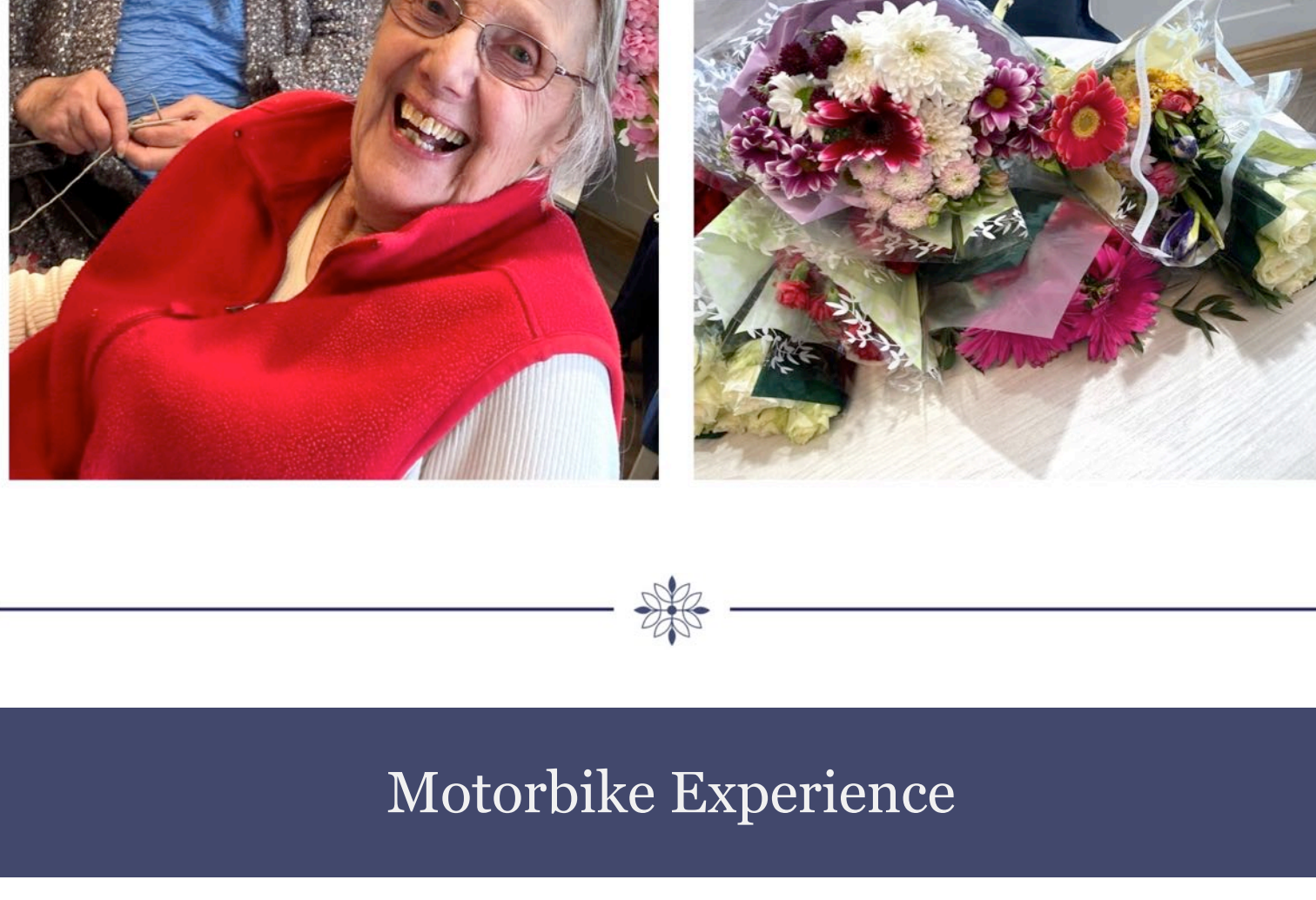


Spring Art



Creative Creations

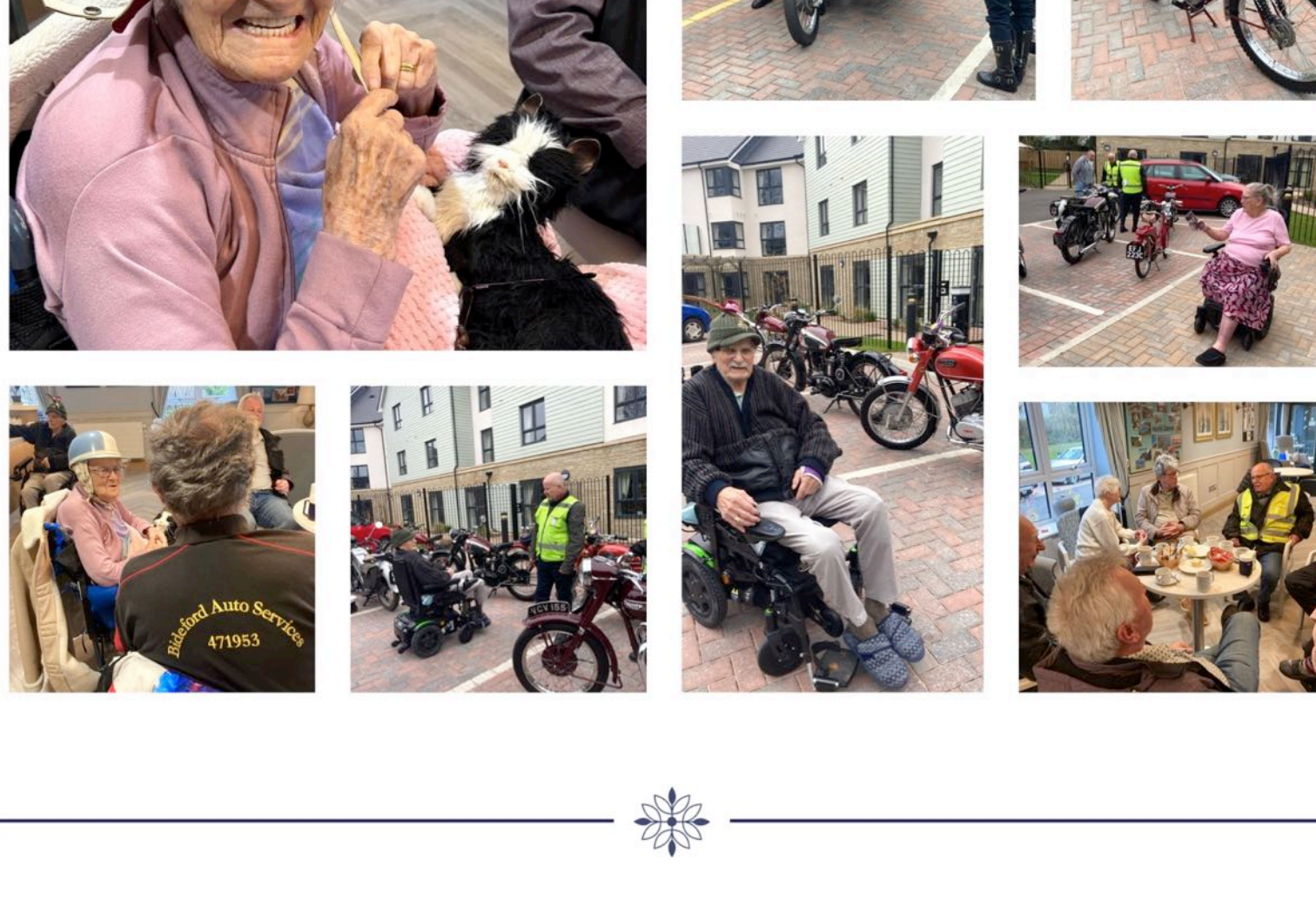
Spring has sprung, bringing with it a burst of creativity inspired by the beautiful flowers blooming around us. The sun has been shining, and our residents have been busy enjoying a selection of activities that this delightful season offers. From painting fresh floral scenes to crafting nature-inspired decorations, it's lovely to see everyone engaging with the spirit of spring!



Motorbike Experience

Meaningful Activities

One of the highlights of our work at Highwood is the opportunity to connect with the remarkable individuals who call our home their own. We recently embraced a unique experience that brought back fond memories for many of our residents. We were delighted to host not just a variety of motorbikes, but also the very bike that our cherished resident Daphne and her husband rode across Europe. Having been a motorbike instructor for many years, Daphne's passion for biking shone through as she reminisced about her adventures. The joy on her face spoke volumes, and we are proud to have facilitated such a special moment.



Knit & Knatter Group



Creating a Masterpiece

We are thrilled to announce the incredible success of our newly established Knit and Knatter group, led by the talented Pat and supported by our wonderful volunteers. This weekly gathering has quickly become a beloved tradition here, as residents come together to share their knitting skills and work on various projects. For those who prefer a more relaxed experience, there's always a warm cup of tea, delicious cake, and plenty of knatter to enjoy!



Live Entertainment

Happy Times!

At Highwood, we are dedicated to providing enriching experiences for our residents, often introducing them to activities they might not have considered before. Recently, we were visited by a talented group of ladies who brought with them a vibrant display of colour, sparkle and lively performances. Watching our residents engage and respond to the entertainment was truly heartwarming. We eagerly anticipate welcoming this group back in the near future!



Making Our House a Home



Always Improving

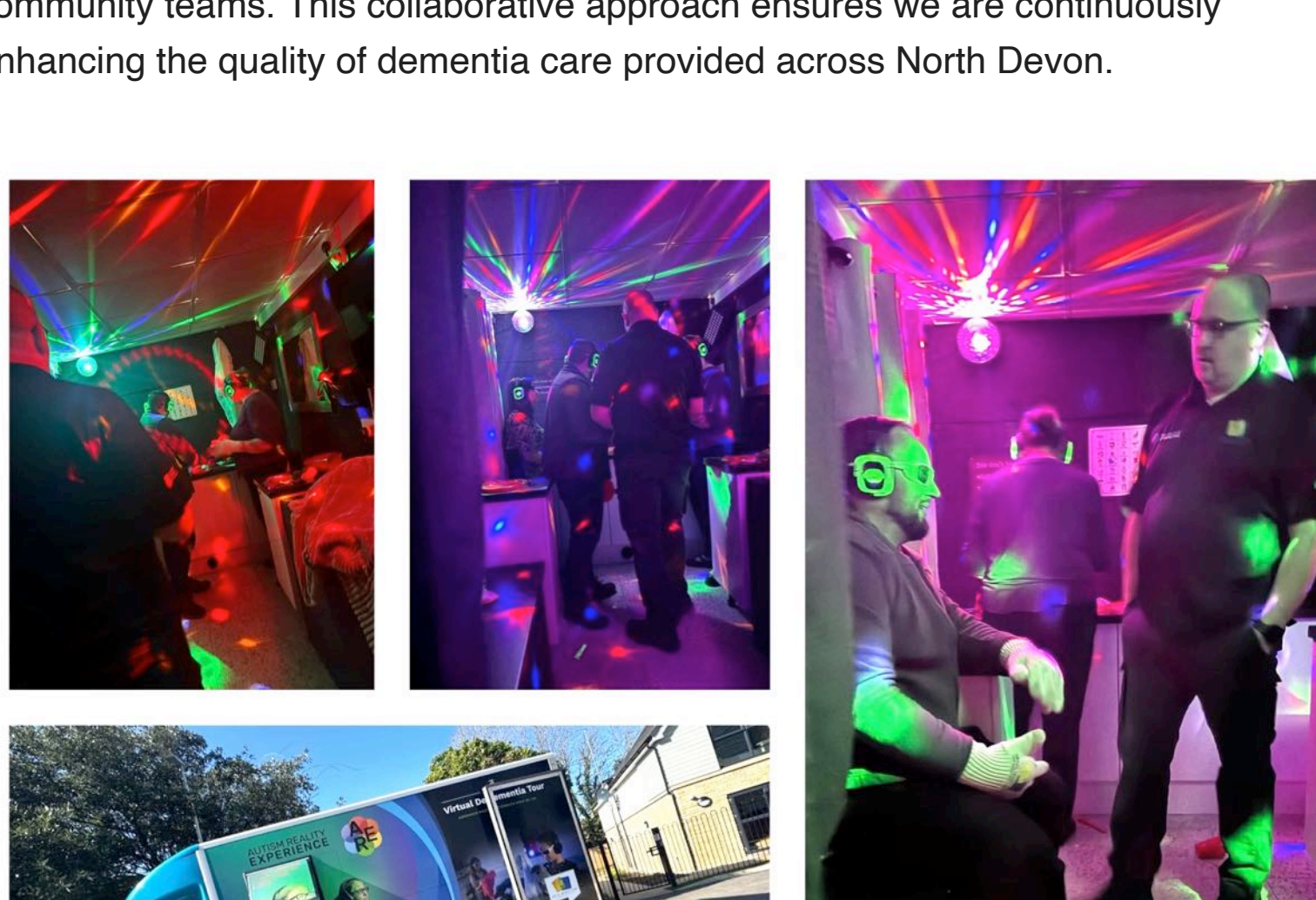
In response to our residents' feedback, we are pleased to announce the introduction of a serene and therapeutic fish tank in our Holistic Spa Therapy Room. While indulging in nail care or enjoying a comforting cuppa, residents can now immerse themselves in the calming sounds of water and the tranquil sights of our fish. Additionally, some of our residents have taken on the responsibility of managing the "nighttime and daytime lighting," fostering a wonderful sense of purpose and community involvement.



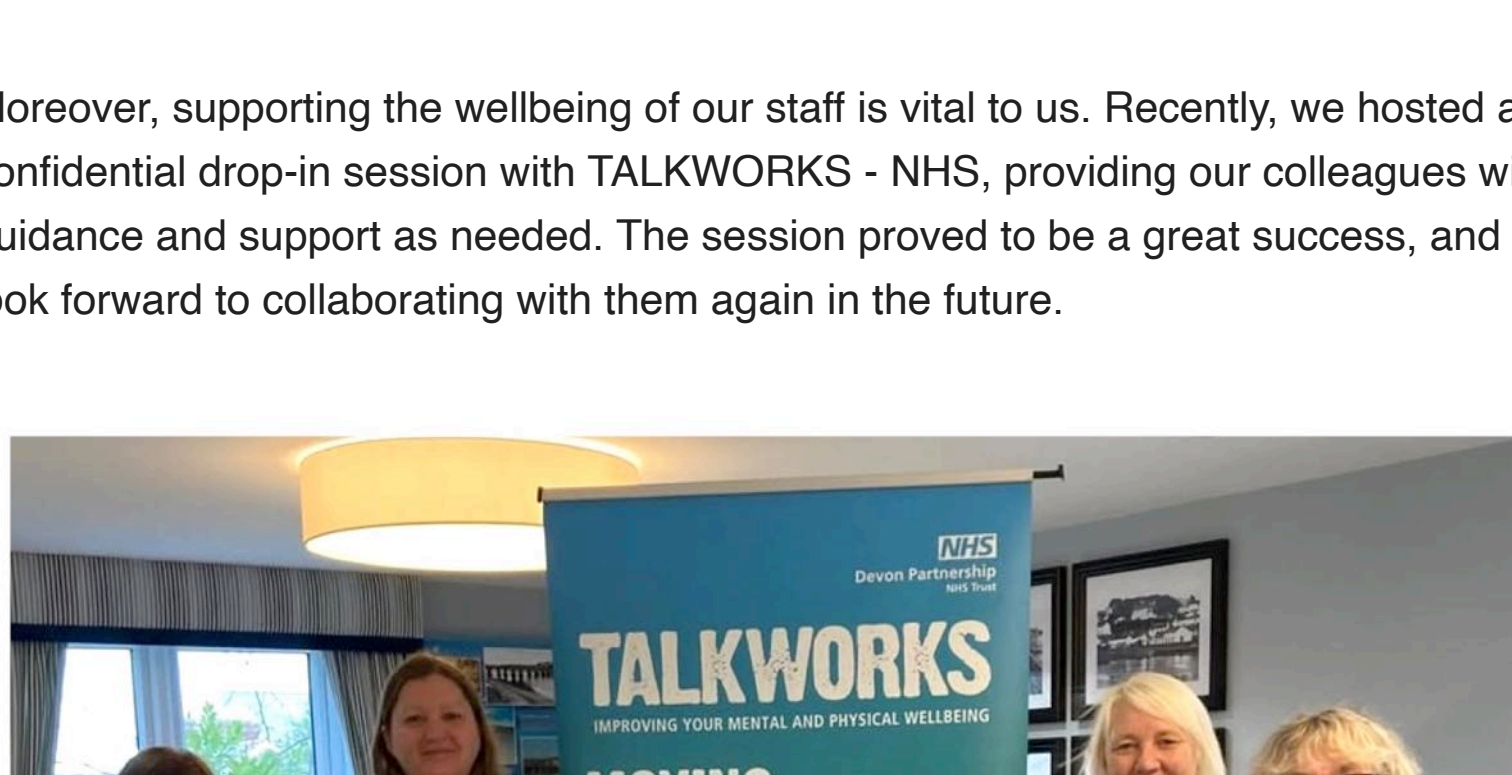
Staff Training & Wellbeing

News & Updates

Investing in the development of our staff is a cornerstone of our ethos at Highwood. We recently welcomed Training 2Care back for their exceptional Virtual Dementia Awareness training, this time alongside our dedicated NHS colleagues from the community teams. This collaborative approach ensures we are continuously enhancing the quality of dementia care provided across North Devon.



Moreover, supporting the wellbeing of our staff is vital to us. Recently, we hosted a confidential drop-in session with TALKWORKS - NHS, providing our colleagues with guidance and support as needed. The session proved to be a great success, and we look forward to collaborating with them again in the future.



Social Media

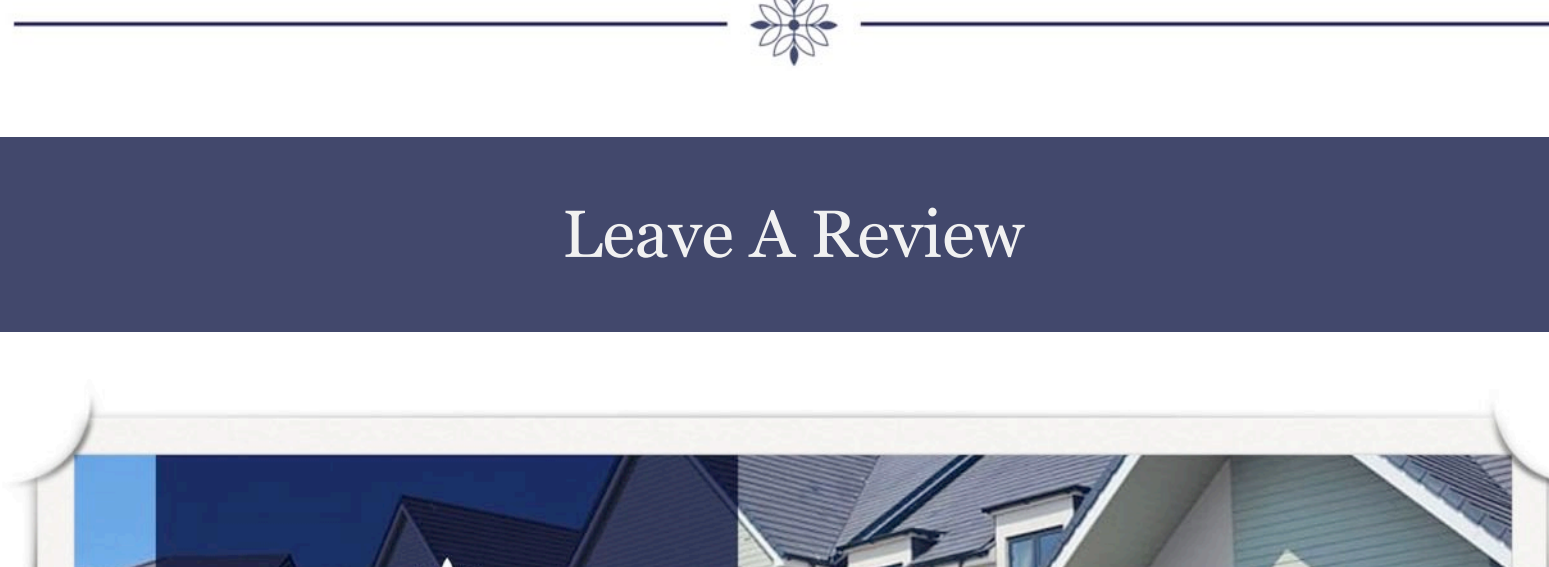


Make sure to check out the Highwood Care Home Facebook Page.

Don't Forget To 'Like' Us!



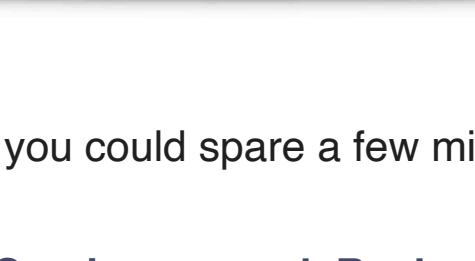
Leave A Review



We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk Reviews](https://www.carehome.co.uk/reviews)

[Google Review](https://www.google.com/reviews)



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