



## Welcome To Our Newsletter

Welcome to the Highwood email newsletters! We are looking forward to keeping you updated with all our news on a quarterly basis.

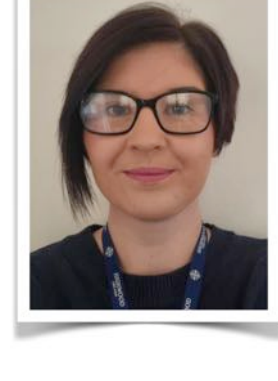
Summer is in full swing, bringing with it a range of exciting events and activities, our calendar is packed with great opportunities for our residents to make the most of each day and season.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

**Stacey Lewis**  
Home Manager



## Staff Training

### Always Improving

During our staff induction period, we covered a huge amount of information to ensure our colleagues feel comfortable, confident, and competent in supporting our residents. We recently welcomed Training2Care on site for all colleagues to experience the Virtual Dementia Awareness Training, designed to offer a 'lived in' experience of Dementia. Sally from Training2Care was fantastic and supported our colleagues through the training and debrief session, allowing us to really digest and challenge the ways we support residents day to day.



## Garden Drinks & Nibbles

### Celebration Time

We recently hosted a delightful Garden Drinks & Nibbles Event. It was wonderful to open the doors to our community and share great food and live music. A huge thank you to our talented catering team for supplying delicious homemade BBQ-inspired nibbles and to Peter for providing lovely live music. We are currently busy planning our next quarter events, so keep your eyes peeled for that!



## Grand Opening

### Happy Times!

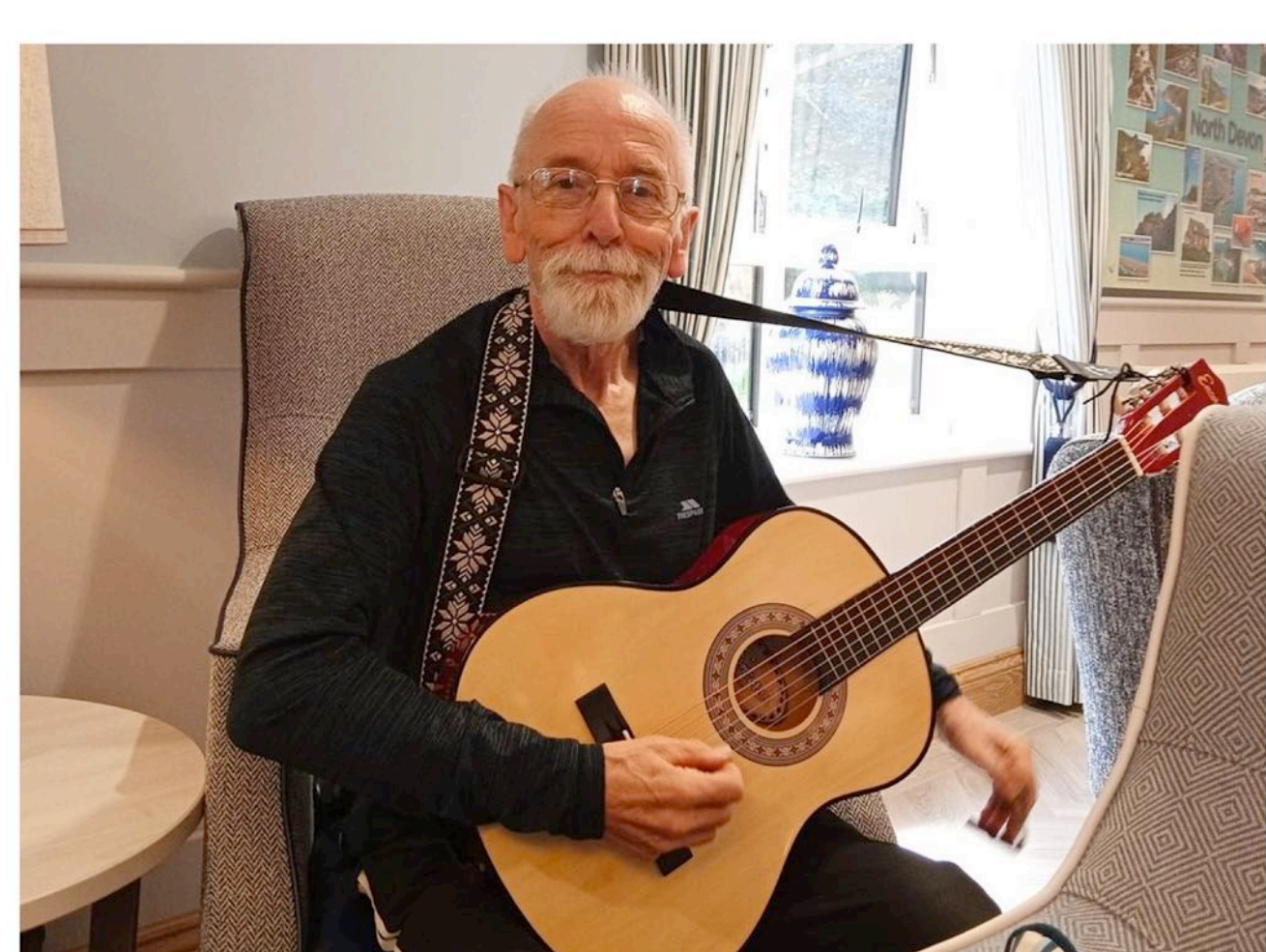
It was a truly incredible day as we officially opened our doors and welcomed Mavis into our home. We cannot wait to do it all again this week as we welcome further residents in. A huge thank you to our fantastic colleagues who helped make the day so special.



## Talented Residents

### Toes Tapping

We are proud to have wonderfully talented residents here. Recently, Malcolm got out his guitar and enjoyed spending quality family time in our main bistro area. It is heartwarming to see and hear families laughing and enjoying time together all in the comfort of our beautiful home.



## Out In The Garden

### Fresh Air & Sunshine

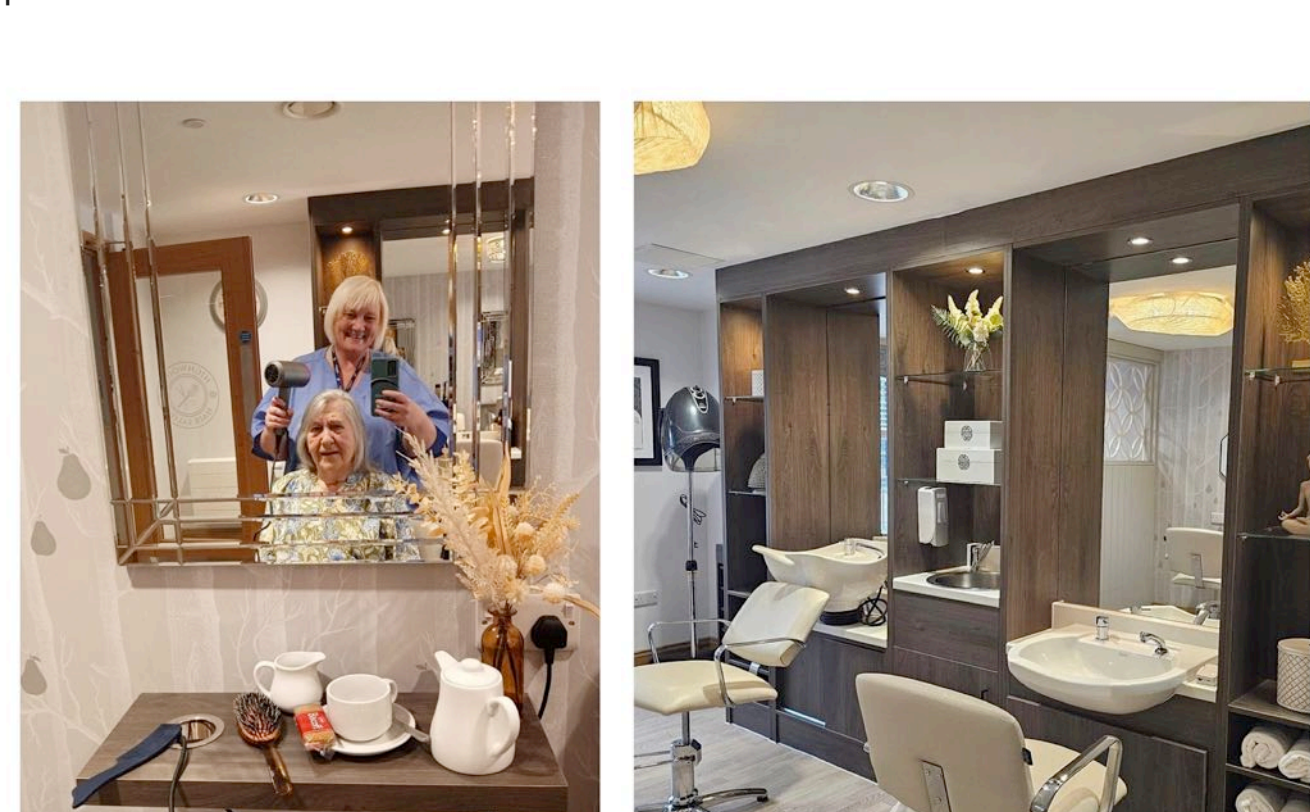
Our residents have been taking full advantage of the sunshine and enjoying our beautiful gardens here at the home. What is best to do when the sun is shining, except to get outside with a glass of fizz and enjoy good company and laughter?



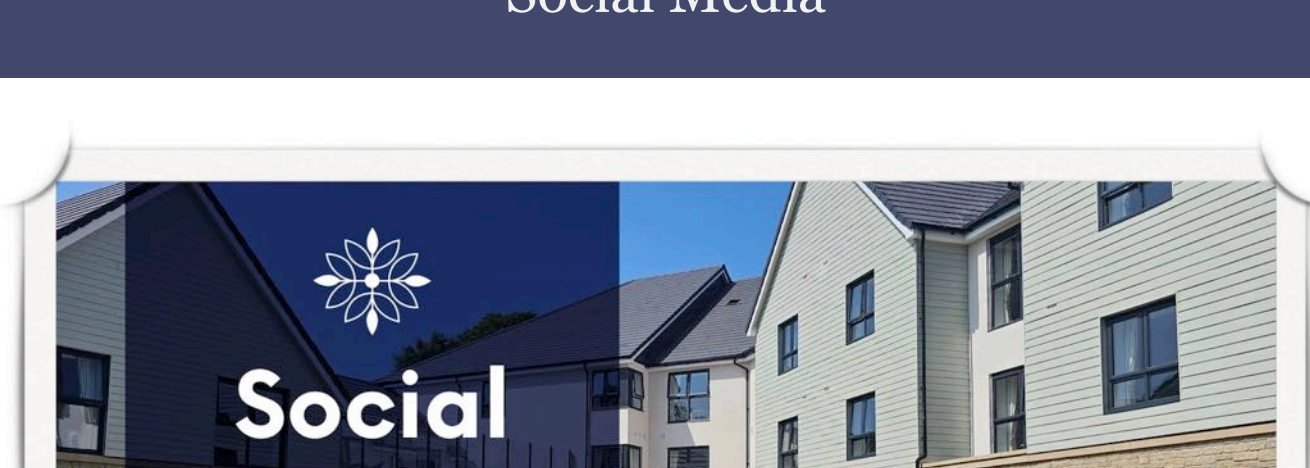
## Pamper Time

### Relax & Rejuvenate

There's nothing quite as impactful as a wash and blow dry! Recently, Mavis and our incredible Care Assistant, Claire, paid a visit to our fully equipped luxury Hair Salon. With a pot of tea or a glass of something bubbly to enjoy, it made the visit that extra special.



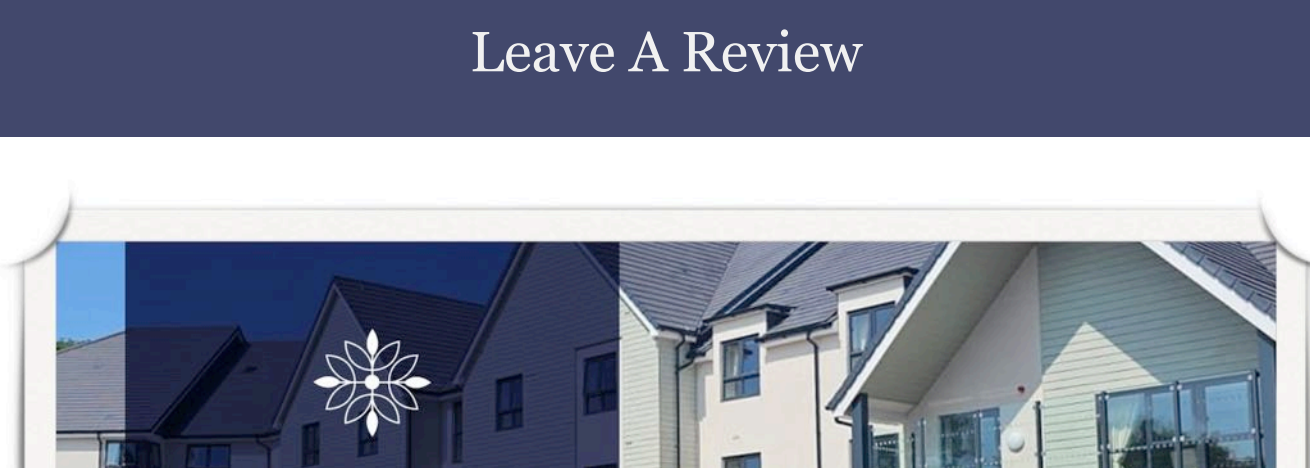
## Social Media



Make sure to check out the Highwood Care Home Facebook Page.

**Don't Forget To 'Like' Us!**

## Leave A Review



We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk Reviews](#)

[Google Review](#)

